**Curriculum Map**

KEYSTAGE 2

Managing Feelings (Identifying and expressing feelings, Managing strong feelings) Travel and Homeskills (taught through each year)

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|  | Autumn Term 1 | Autumn Term 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 1 | **Self-Awareness**1. Things we are good at 2. Kind and unkind behaviours 3. Playing and working together**World I live in**3. Rules and Laws | **Self-Care, Support and Safety**1. Taking care of ourselves 2. Keeping safe  | **Changing and Growing**1. Baby to adult 2. Changes at puberty | **Healthy Lifestyles**1. Healthy Eating 3. Keeping well | **The World I Live In**1. Respecting differences between people | **The World I Live In**6. Money |
| Year 2 | **Self-Awareness**4. People who are special to us 5. Getting on with others**World I Live in**2. Jobs people do3.Rules and Laws | **Self-Care, Support and Safety**3. Trust 4. Keeping safe online 5. Public and Private | **Changing and Growing**3. Dealing with touch 4. Different types of relationships | **Healthy Lifestyles**2. Taking care of physical health 3. Keeping well | **The World I Live In**5. Belonging to a community | **The World I Live In**4. Taking care of the environment  |

**KEYSTAGE 3**

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|  | Autumn Term 1 | Autumn Term 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 1 | **Managing Feelings (Zones)**1.Self Esteem (returning to school after lockdown)(C&G 3). FriendshipsSA 2. Skills for Learning | **The World I Live In**1.Human DiversitySA 3. Prejudice and discrimination (BLM Movement)  | **Changing****& Growing**1.PubertySC 6. Public and private | **Self-Awareness *(careers week link)***TW 6. Managing Finances (Maths) | **Self-care, keeping safe**TW 5.Preparing for adulthoodTW 6. Home Skills | **Healthy Lifestyles**1.Elements of a healthy lifestyle2. Mental Well Being |
| Year 2 | **Managing Feelings (Zones)**2.Strong Feelings 3. (C&G 4) RomanticRelationships/feelings & Consent | **The World I Live In**2.Rights and ResponsibilitiesSC 4. Keeping safe online3. Managing online information | **Changing****& Growing**2.Positive unhealthy relationships | **Self-Awareness** *(careers week link)*4. Managing Pressure  | **Self-care, keeping safe**1.Feeling unwell2.Feeling frightened and worried  | **Healthy Lifestyles**3. Physical Activity4.Healthy Eating5.Body Image |
| Year 3 | **Managing Feelings (Zones)**4. (C&G 3)Expectations of friendships, relationships/abuse | **The World I Live In**4.Taking care of the environment5. Travel | **Changing****& Growing**(C&G 5) Long Term Relationships  | **Self-Awareness** *(careers week link)*SC 5. Emergency SituationsSC 3. Accidents and Risks | **Self-care, keeping safe**7. Gambling2.Feeling frightened and worried | **Healthy Lifestyles**6.Medicinal drugs7.Drugs, alcohol & tabacco |

KEYSTAGE 4

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|  | Autumn | Spring | Summer |
| Year 1 | Preparation for Work – (ACC) | Rights and Responsibilities – (ACC) | Healthy Living (ACC) |  |  |  |
| **The World I Live In**WILI 2: Rights and Responsibilities WILI 5: Preparing for Adulthood | **Healthy Lifestyles**HL7: Drugs, Alcohol and Tobacco | **Changing and Growing**CG1 PubertyCG4 Romantic relationships, consent and contraceptionCG5 Long term relationships and Parenthood |
|  | **Changing and Growing**CG1 PubertyCG4 Romantic relationships, consent and contraceptionCG5 Long term relationships and Parenthood |  |
| Year 2 | Managing Social Relationships – (ACC) | Managing Money – (ACC) | Personal Development (ACC) | Health and Safety in the Home and in the Community (ACC) | Health and Safety in the Home and in the Community (ACC) |  |
| **The World I live In**WILI 6: Managing Finances | **Self-Awareness**SA 3 Prejudice and DiscriminationSA4 Managing Pressure | **Self- care, Support and Safety**SSS4: Keeping Safe OnlineSSS5: Emergency SituationsSSS6: Public and Private |
| **Self-Awareness**SA 4: Managing Pressure | **Self- care, Support and Safety**SSS1: Feeling UnwellSSS 2: Feeling Frightened/Worried |  |
| **Self- care, Support and Safety**SSS7: Gambling |  |  |